



# Be *BearSmart*

enjoy the outdoors

## Checklist

### Enjoying the outdoors

- Carry bear spray and a noise maker. Know how to use them, and keep them handy, even when cycling or sleeping.
- Always keep your dog on a leash.
- Watch for signs of bear activity, such as tracks, scat, rolled logs and rocks, torn stumps, claw-marked trees, diggings or anthills torn open. If these signs are fresh, calmly and quickly leave the area.
- Be extra cautious in areas with heavily-laden berry bushes.
- Stay in groups. Make plenty of noise, especially when going into the wind, moving through dense shrubbery and along streams and rivers.
- Pack out all your garbage in airtight containers.

### Camping

- Before you depart, leave information about your destination and estimated return time.
- When picking your campsite, avoid areas with sweet clover, red clover, oats or berry patches. Also avoid areas along wildlife travel routes, such as creeks, rivers or lake shores.



- Cook and store your food and toiletries in airtight containers at least 100 metres from your camp. Never take these items into your tent or trailer.
- In remote areas, hang food 4 metres off the ground and more than 100 metres from camp. Use bear-proof storage lockers if they're available.
- Use dried or precooked foods that have less food odour. Don't burn or bury scrap food.
- Store clothes worn when fishing or cooking at least 100 meters from your camp.

### Fishing

- Bears use lake shores, rivers and creeks as travel routes and feeding sites. Be alert and make as much noise as you can when fishing and moving about in these areas.
- Fish with at least one other person and stay in contact with each other.
- Seal fish in plastic bags and wash your hands. Clean fish away from your camp.

### Cycling

- Remember that a bicycle is quick and quiet and may surprise a bear.
- Cycle with friends and make extra noise before riding through thick brush or around blind corners.

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